



Bible Reading Plan

WEEK 26
OCTOBER 12 - 18



Using The Bible Reading Plan

The mark of a growing disciple is the discipline to self-feed. During this unprecedented time, the Lord is redirecting His people to pause and rediscover Him and His ways afresh. This is the heart behind our Bible Reading Plan - that we, as a church will delight the Father when we are growing in our love for Him and allowing His Spirit to move us in obeying His Word in our lives.

The Bible Reading Plan comprises a daily passage with reflection questions to guide you in meditation. You can also journal what God's Spirit is prompting you to do in applying the Word. We pray that as you carve out unhurried time to encounter God, you will revitalise your spiritual life and encourage others to experience likewise!



In order to fully utilise the features within this Reading Plan, open this document using Adobe Acrobat Reader.
(<https://acrobat.adobe.com/sea/en/mobile/acrobat-reader.html>)



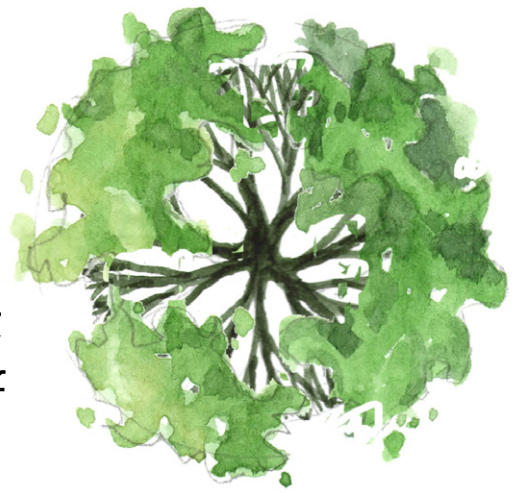
This Week's Focus

We are now into chapter 3 of 1 Peter. Continuing on his theme of submission, Peter now focuses on submission in the marital union. Today, the sacredness of marriage is under attack more ver before, with the world reducing marriage to one's pursuit of "personal happiness" - if it doesn't make you happy, you should leave. As believers, our approach towards marriage and family life is different, as we abide by God's original design. May the Holy Spirit unveil to you afresh the sacredness of marriage through the Bible passages this week.

October 12

MONDAY

"This at last is bone of my bones and flesh of my flesh; she shall be called Woman, because she was taken out of Man." - **Genesis 2:23 (ESV)**



Today's Meditation

Genesis 2:18-25 ([Read](#))

Reflection Questions

God says in verse 18: "I will make him a helper fit for him." What do you understand by the word 'helper'? What then is the role of the husband? (see [Ephesians 5:23-33](#))

With verse 24 in mind, how should a married couple relate with their family of origin, especially their respective parents?

Speak, Lord... Your Servant is Listening

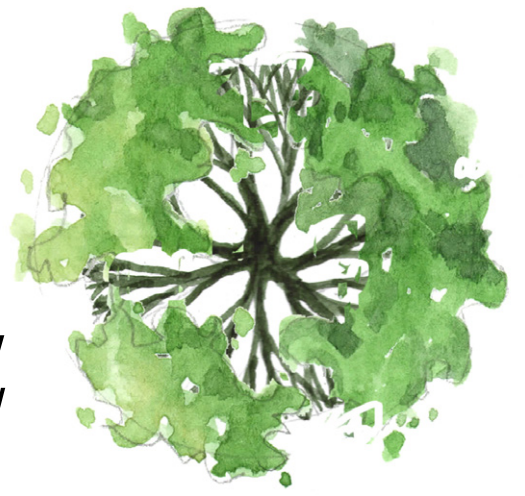
Areas of my life (character, lifestyle and values) the Holy Spirit is prompting me to adjust.

Any other promptings from the Holy Spirit? (Words of encouragement, specific actions, etc.)

October 13

TUESDAY

"And though a man might prevail against one who is alone, two will withstand him – a threefold cord is not quickly broken." - **Ecclesiastes 4:12 (ESV)**



Today's Meditation

Ecclesiastes 4:9-12 ([Read](#))

Reflection Questions

The key idea of today's passage is – "two are better than one". For the marrieds, how are you harnessing your marital relationship? For the singles, how are you developing the one or two close friends who "will lift you up if you fall?"

The 'threefold cord" in verse 12 can refer to a married couple's relationship with God. What happens when a married couple does not have a strong relationship with God individually?

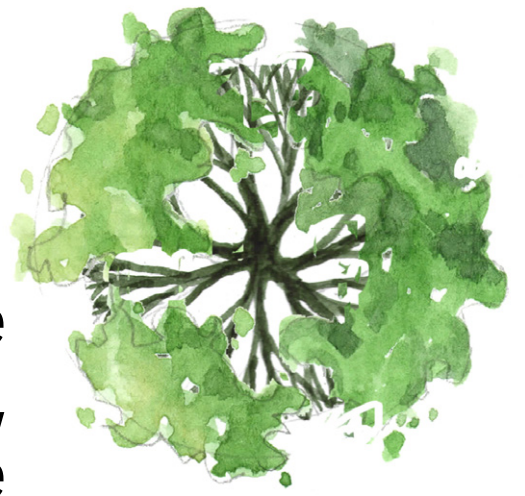
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October 14

WEDNESDAY



"So if you are offering your gift at the altar and there remember that your brother has something against you, leave your gift there before the altar and go. First be reconciled to your brother, and then come and offer your gift." - **Matthew 5:23-24 (ESV)**

Today's Meditation

Matthew 5:21-26 ([Read](#))

Reflection Questions

Identify the usual trigger points that get you angry? Do you see any pattern there? How can you navigate through these triggers in a God-honouring way?

In verse 25, Jesus tells his listeners to “come to terms quickly” with another person who is offended by you. What normally deters you from doing so? What would help you respond more readily in godliness?

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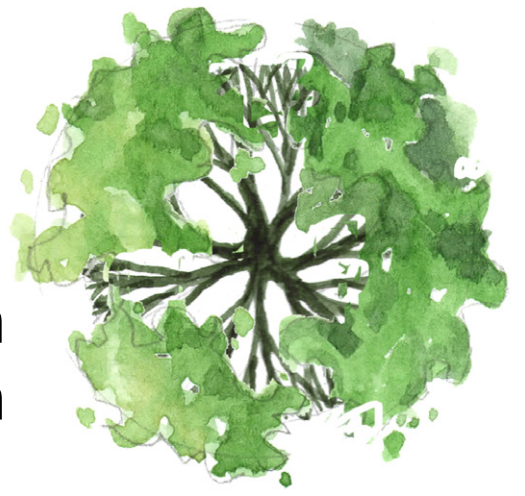
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October 15

THURSDAY

"But I say to you that everyone who looks at a woman with lustful intent has already committed adultery with her in his heart." - **Matthew 5:28 (ESV)**



Today's Meditation

Matthew 5:27-32 ([Read](#))

Reflection Questions

What does this passage tell you about the importance of your mind? The world says that what goes on in your mind can't hurt anyone. How do you respond to this argument?

God hates divorce (see also [Malachi 2:13-16](#)). What then should a believer's stance towards divorce be? (see [Mark 10:2-12](#), [1 Corinthians 7:39](#), [Romans 7:2-3](#))

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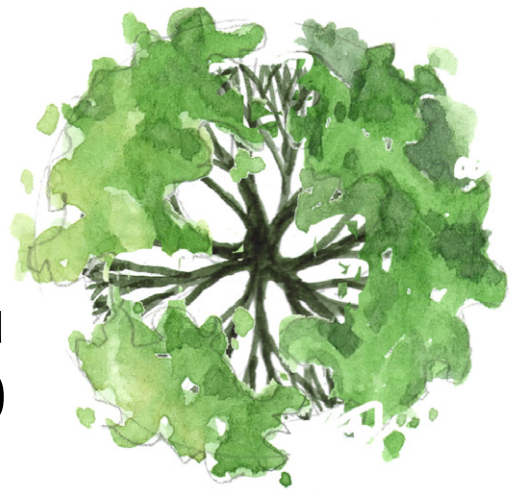
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October 16

FRIDAY

"And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption." - **Ephesians 4:30 (ESV)**



Today's Meditation

Ephesians 4:17-32 ([Read](#))

Reflection Questions

In verse 18, Paul refers to the darkening of the mind and the hardening of the heart. In what ways have you observed Christians having their understanding darkened and their hearts hardened today?

We are to have our thinking continually being renewed. Prayerfully examine your life with the list of all the behaviours/attitudes touched on in verses 25-32. Which of these behaviours /attitudes are you wrestling with the most? What action steps will you take to overcome them?

Speak, Lord... Your Servant is Listening

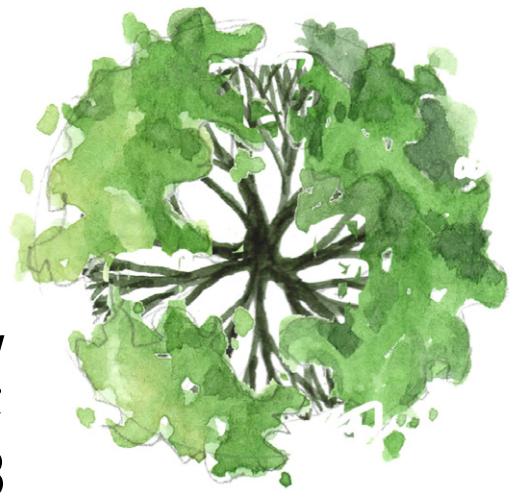
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October 17

SATURDAY

"But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness, self-control; against such things there is no law." - **Galatians 5:22-23** (ESV)



Today's Meditation

Galatians 5:16-26 ([Read](#))

Reflection Questions

Examine verses 19-21. Which of these "works of the flesh" do you struggle with the most in the context of your family life or marriage? Write out a prayer asking the Lord to help you in that specific area(s) of your life.

How is a Christian empowered to live by the Spirit? What can you do this week to nurture the character of the Holy Spirit in your life; or your marriage?

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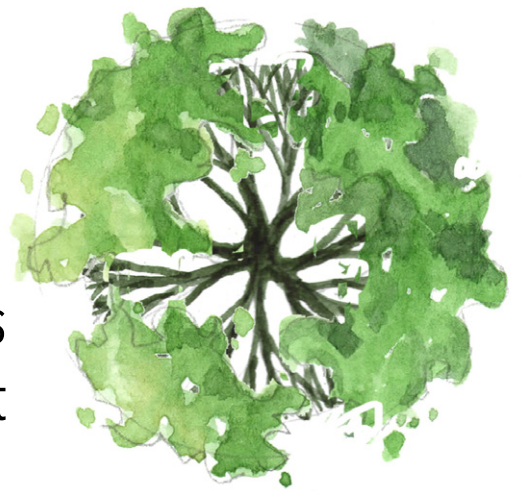
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October 18

SUNDAY

"For the eyes of the Lord are on the righteous, and His ears are open to their prayer. But the face of the Lord is against those who do evil." - **1 Peter 3:12 (ESV)**



Today's Meditation

1 Peter 3:8-12 ([Read](#))

Reflection Questions

Have you ever faced persecution for being a follower of Jesus? Describe the incident(s) if any and share how and why you responded the way you did?

Compare today's passage with what Jesus said in [Matthew 5:10-12](#). How can one be blessed in persecution? How does knowing what Jesus meant help you endure suffering?

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Additional Resources

Article: What Does the Bible Say About Divorce? When Is It Allowed?

by Dennis Rainey

(<https://rlc.sg/30NdZzi>)

Article: 3 Steps to Offering a Good Apology

by Lisa Lakey

(<https://rlc.sg/2FlqWZW>)

Article: Your Marriage Is Not About You

by Jonathan C. Edwards

(<https://rlc.sg/3lsA9im>)

Testimony: How I Learned to Listen to My Husband

by Jo Helen Miller

(<https://rlc.sg/3iFcOYY>)

Testimony: The Comeback Marriage

by Lauren Miller

(<https://rlc.sg/3nzybic>)

Song: Beautiful Messes

by Hilary Scott

(<https://www.youtube.com/watch?v=3RspiKxJotI>)

Song: Together

by Steven Curtis Chapman

(<https://www.youtube.com/watch?v=u0nk3SaSsxQ>)



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