



Bible Reading Plan

WEEK 27
OCTOBER 19 - 25



Using The Bible Reading Plan

The mark of a growing disciple is the discipline to self-feed. During this unprecedented time, the Lord is redirecting His people to pause and rediscover Him and His ways afresh. This is the heart behind our Bible Reading Plan - that we, as a church will delight the Father when we are growing in our love for Him and allowing His Spirit to move us in obeying His Word in our lives.

The Bible Reading Plan comprises a daily passage with reflection questions to guide you in meditation. You can also journal what God's Spirit is prompting you to do in applying the Word. We pray that as you carve out unhurried time to encounter God, you will revitalise your spiritual life and encourage others to experience likewise!



In order to fully utilise the features within this Reading Plan, open this document using Adobe Acrobat Reader.

(<https://acrobat.adobe.com/sea/en/mobile/acrobat-reader.html>)



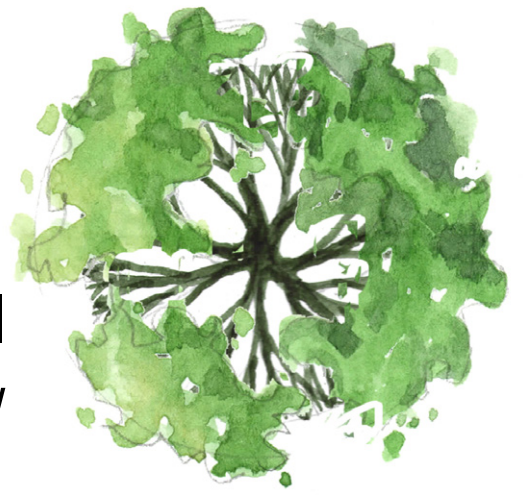
This Week's Focus

One of the most common, yet rarely talked about issues believers face, is grief. The Bible is full of examples of people who grieved. Even Christ the Lord, wept! The book of Psalms is filled with people like you and I lamenting to the Lord regarding their situations. Grief, if not handled correctly, can lead us down a destructive path. But if we learn to navigate through it, we will emerge stronger in our faith! May this week's readings help you to grieve healthily when you go through suffering and pain.

October 19

MONDAY

"Naked I came from my mother's womb, and naked I will depart. The Lord gave and the Lord has taken away; may the name of the Lord be praised." - **Job 1:21 (ESV)**



Today's Meditation

Job 1:13-22 ([Read](#))

Reflection Questions

The pain that Job experienced was intense and unexpected. What can we learn from Job's character and response in dealing with suffering?

How will those around us tell that God is still our greatest treasure, even in the midst of our suffering?

Speak, Lord... Your Servant is Listening

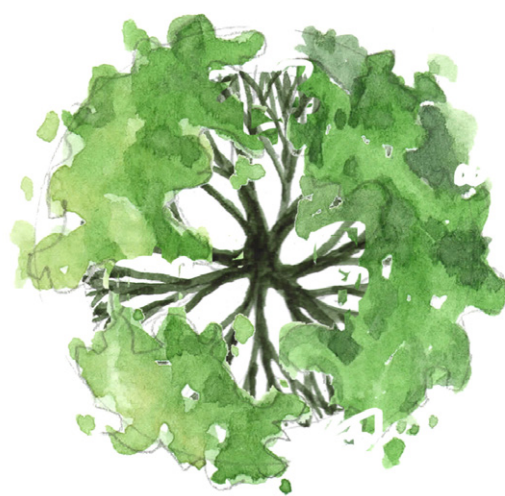
Areas of my life (character, lifestyle and values) the Holy Spirit is prompting me to adjust.

Any other promptings from the Holy Spirit? (Words of encouragement, specific actions, etc.)

October 20

TUESDAY

"Then David arose from the earth and washed and anointed himself and changed his clothes. And he went into the house of the Lord and worshiped." - **2 Samuel 12:20 (ESV)**



Today's Meditation

2 Samuel 12:15-23 ([Read](#))

Reflection Questions

Imagine yourself in David's shoes. What would you be like when you are told about the loss of your son or one very dear to you?

Examine David's response in verses 20-23. What can we learn from him in dealing with loss and grief?

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October 21

WEDNESDAY

"The Lord is near to the brokenhearted and saves the crushed in spirit." - **Psalms 34:18 (ESV)**



Today's Meditation

Psalms 34:1-22 ([Read](#))

Reflection Questions

Verse 18 tells us that the Psalmist was going through a time of grief. However, he did not allow his grief to overwhelm him. What did the Psalmist do in order to take hold of his grief? (see verses 1, 2, 4, 11)

In the midst of all his grief, the Psalmist reminds himself of who God is. What are some of his conclusions about God? (see verses 6-7, 8-10, 17-18, 19-22)

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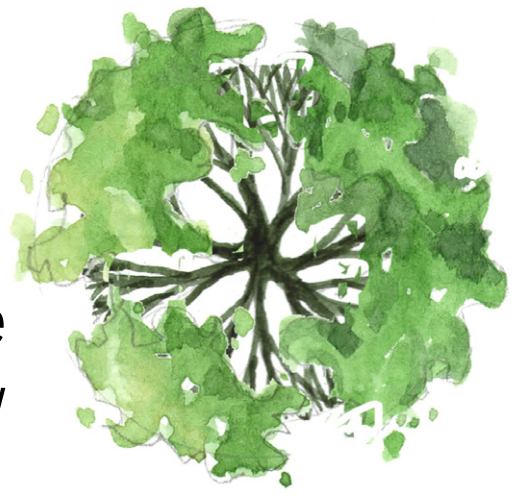
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October 22

THURSDAY

"O LORD, God of my salvation, I cry out day and night before you. Let my prayer come before you; incline your ear to my cry!" - **Psalms 88:1-2 (ESV)**



Today's Meditation

Psalms 88:1-18 ([Read](#))

Reflection Questions

The psalmist in this passage describes himself as going through great grief as a result of his afflictions. Recall what Jesus said about pain and suffering (See John 16:33). Examine your readiness to embrace suffering and ask the Lord to help you deal with any form of unwillingness.

God allows us to “wrestle” with Him when we go through suffering and pain; just as the psalmist did. Take some time to pour out your heart before the Lord regarding a situation that is causing you pain or suffering.

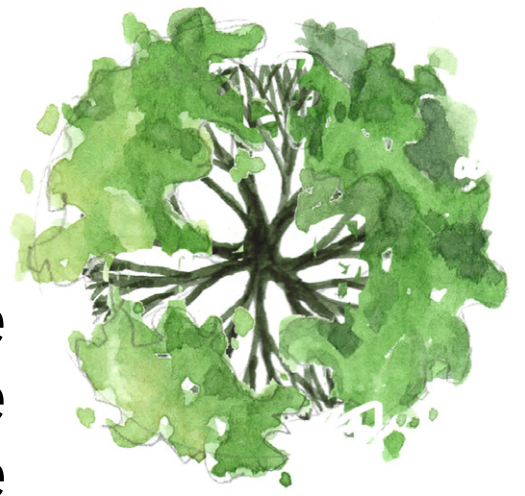
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October 23

FRIDAY



"But you, O Lord, are enthroned forever; you are remembered throughout all generations. You will arise and have pity on Zion; it is the time to favour her; the appointed time has come." - **Psalms 102:12-13 (ESV)**

Today's Meditation

Psalms 102:1-28 ([Read](#))

Reflection Questions

Why is it beneficial to keep a record of God's faithfulness in your life?

In light of this passage, what specific steps can you take this week to alleviate the anxiety you feel over the challenges you face?

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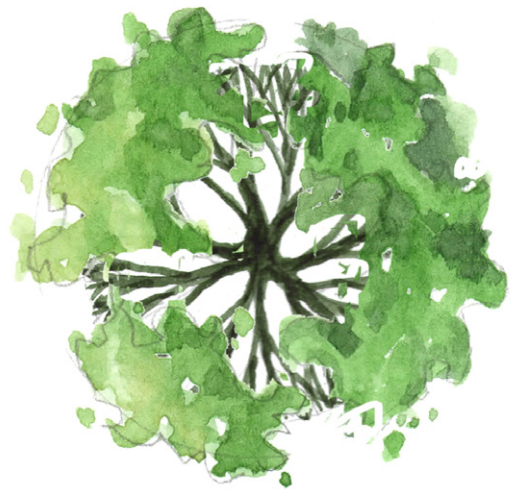
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October 24

SATURDAY

"Restore us to yourself, O Lord, that we may be restored!
Renew our days as of old..." - **Lamentations 5:21 (ESV)**



Today's Meditation

Lamentations 5:1-22 ([Read](#))

Reflection Questions

In verse 19, we see the author return to the bedrock of God's sovereignty, permanence, and stability. Spell out their importance especially during times of grief and suffering. This simple exercise will help you greatly when you are in that season.

How have you grown in learning to lament before the Lord over this last week's reflection? What is something you would continue to do moving forward?

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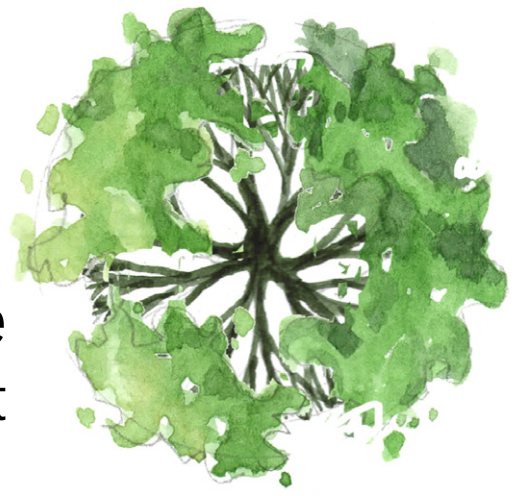
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October 25

SUNDAY

"...always being prepared to make a defense to anyone who asks you for a reason for the hope that is in you; yet do it with gentleness and respect..." - **1 Peter 3:15 (ESV)**



Today's Meditation

1 Peter 3:13-17 ([Read](#))

Reflection Questions

Why does "honour Christ the Lord as holy" (v 15) help us to do what is right in the midst of suffering?

Are you willing to suffer as a result of your faith in Christ? In your particular situation, what might that suffering look like?

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Additional Resources

Article: Lament Leads to Praise

by Mark Vroegop

(<https://rlc.sg/2T4vBSY>)

Article: My Suffering Has Not Defined Me

by Joni Eareckson Tada

(<https://rlc.sg/2T1EjBG>)

Article: Finding Hope in the Darkness of Grief

by Paul David Tripp

(<https://rlc.sg/37eEzpm>)

Article: How To Cope With Grief

by Amy Jacobs

(<https://rlc.sg/2T2oDhm>)

Song: Blessings

by Laura Story

(<https://www.youtube.com/watch?v=XQan9L3yXjc>)

Song: Homesick

by Mercy Me

(<https://www.youtube.com/watch?v=P4-eWezTk0k>)



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